



Food for the Record Program Manitoba Curriculum Integration

Grade 4

Teaching ideas and lesson plans in "Food for the Record" can help you achieve outcomes in other subjects too! The following information will help you integrate nutrition and healthy eating information throughout the school day.

Section 1: Keeping Track of Healthy Eating



Section Goals

After completing the activities in this section, it is expected that students will be able to:

- describe healthy eating and why they feel it is important
- demonstrate the ability to compare a personal food and drink record

Curriculum Integration

The following chart provides an overview of the Manitoba curriculum outcomes that are supported by the instructional activities in Section 1 of the “Food... for the Record” program.

Activity Focus	Curriculum Area	Outcomes
Teaching Ideas Activity 1, 2, 3 & 4 (page 6)		
<ul style="list-style-type: none"> ▫ Determine the importance of healthy eating ▫ Learn record-keeping tips ▫ Complete individual 3 day food records 	<p></p> <p></p>	<p>K.5.4.C.1b Identify the function of a variety of food groups for growth and development S.5.4.A.3a Assess personal food intake for a period of one to 3 days and identify factors that may influence food choices</p> <p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.1 Discover and Explore</p> <p>1.1.1 Express Ideas</p> <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions <p>1.1.2 Consider Others' Ideas</p> <ul style="list-style-type: none"> ▫ explore connections between a variety of insights, ideas, and responses <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>1.2.2 Explain Opinions</p> <ul style="list-style-type: none"> ▫ express new concepts and understanding in own words and explain their importance <p>1.2.3 Combine Ideas</p> <ul style="list-style-type: none"> ▫ experiment with arranging ideas and information in a variety of ways to clarify understanding <p>General Outcome 3: Manage ideas and information</p> <p>3.3 Organize Record and Assess</p> <p>3.3.1 Organize Information</p> <ul style="list-style-type: none"> ▫ organize information in logical sequences using a variety of strategies <p>3.3.3 Evaluate Information</p> <ul style="list-style-type: none"> ▫ examine collected information to identify categories or aspects of a topic that need more information

Section 2: Healthy Eating – Measuring Up





Section Goals




After completing the activities in this section it is expected that students will be able to:

- Name the four food groups and identify several foods within each group
- Identify a Food Guide Serving of several foods within each group
- Identify the recommended number of Food Guide Servings from each food group for healthy eating
- Demonstrate the ability to use Canada's Food Guide to analyze food intake in case studies



Curriculum Integration

The following chart provides an overview of the Manitoba curriculum outcomes that are supported by the instructional activities in Section 2 of the “Food... for the Record” program.





Activity Focus	Curriculum Area	Outcomes
Teaching Ideas Activity 1,2 & 3 (page 11)		
<ul style="list-style-type: none"> ▫ Identify foods in the four food groups and foods to limit ▫ Sort sample foods into four food groups ▫ Examine Canada's Food Guide 		K.5.4.C.1b Identify the function of a variety of food groups for growth and development
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorized personal knowledge of a topic to determine information needs <p>3.3 Organize Record and Assess</p> <p>3.3.1 Organize Information</p> <ul style="list-style-type: none"> ▫ organize information and ideas in logical sequences using a variety of strategies
Teaching Ideas Activity 4 (page 12)		
<ul style="list-style-type: none"> ▫ Sort foods into the Food Guide Rainbow ▫ Create a “four food group” bulletin board 		<p>K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health</p> <p>S.4.4.A.3 Demonstrate interpersonal skills for getting along with others in class activities</p>
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>1.2.3 Combine Ideas</p> <ul style="list-style-type: none"> ▫ experiment with arranging ideas and information in a variety of ways to clarify understanding




		<p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorized personal knowledge of a topic to determine information needs <p>3.3 Organize Record and Assess</p> <p>3.3.1 Organize Information</p> <ul style="list-style-type: none"> ▫ organize information and ideas in logical sequences using a variety of strategies <p>3.3.3 Evaluate Information</p> <ul style="list-style-type: none"> ▫ examine collected information to identify categories or aspects of topics that need more information <p>General Outcome 5: Celebrate and Build Community</p> <p>5.2 Encourage, Support and Work with Others</p> <p>5.2.1 Cooperate with Others</p> <ul style="list-style-type: none"> ▫ appreciate that everyone in a group has to work together to achieve cooperative and collaborative group tasks and act accordingly <p>5.2.2 Work in Groups</p> <ul style="list-style-type: none"> ▫ take roles and share responsibilities as a group member
		<p>Patterns and Relations</p> <p>General Outcome: Investigate, establish, and communicate rules for, and predictions from, numerical and non-numerical patterns</p> <p>PR-111.1.4 Makes and justifies predictions using numerical and non-numerical patterns</p>
		<p>Active Democratic Citizenship</p> <p>4-S-100 Collaborate with others to share ideas, decisions, and responsibilities in groups</p>
		<p>Overall Skills: Scientific Inquiry</p> <p>7d Construct meaning in different contexts by connecting new experiences and information to prior experiences and knowledge</p>


Teaching Ideas Activity 5 (page 13)

<p>▫ Identify appropriate food groups for foods and combination foods</p>		K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.1 Discover and Explore</p> <p>1.1.1 Express Ideas</p> <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions <p>1.1.2 Consider Others Ideas</p> <ul style="list-style-type: none"> ▫ explore connections between a variety of insights, ideas, and responses <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>1.2.3 Combine Ideas</p> <ul style="list-style-type: none"> ▫ experiment with arranging a ideas and information in a variety of ways to clarify understanding <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorized personal knowledge of a topic to determine information needs <p>General Outcome 4: Enhance the clarity and artistry of communication</p> <p>4.4.3 Attentive Listening and Viewing</p> <ul style="list-style-type: none"> ▫ demonstrate appropriate audience behaviors

Teaching Ideas Activity 6 & 7 (page 13)

<ul style="list-style-type: none"> ▫ Study Canada's Food Guide to determine recommended daily servings ▫ Examine Food Guide servings sizes in each of the four food groups ▫ Measure foods to determine number of Food Guide servings ▫ Identify serving sizes and number of servings in sample foods 		<p>K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health</p> <p>K.5.4.C.1b Identify the function of a variety of food groups for growth and development</p>
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.1 Discover and Explore</p> <p>1.1.1 Express Ideas</p> <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions <p>1.1.2 Consider Others Ideas</p> <ul style="list-style-type: none"> ▫ explore connections between a variety of insights ideas and responses <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorize personal knowledge of a topic to determine information needs
		<p>Shape and Space</p> <p>General Outcome: Estimate, measure and compare using decimal numbers and standard units of measure</p> <p>SS-111.3.4 Relates the size of the unit to the number of units needed to measure volume and capacity</p> <p>SS-1V1.4 Solves problems involving mass/ weight using g. or kg.</p> <p>SS-1V.3.4 Relates g. and kg. and the size of a unit to the number of units used to measure the mass</p>
	<p>Overall Skills: Scientific Inquiry</p> <p>5a. Select and use tools to observe, measure, and construct</p> <p>5b. Estimate and measure mass/weight, length, volume, area, and temperature using standard units</p> <p>5c. Record observations in a variety of ways</p>	

Teaching Ideas Activity 8 (page 16)		
<ul style="list-style-type: none"> ▫ Examine case studies to assess food intake 		K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.1 Discover and Explore</p> <p>1.1.1 Express Ideas (if working in groups)</p> <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions <p>1.1.2 Consider Others Ideas (if working in groups)</p> <ul style="list-style-type: none"> ▫ explore connections between a variety of insights ideas and responses <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorized personal knowledge of a topic to determine information needs <p>3.2 Select and Process (if working in groups)</p> <p>3.2.1 Identify Personal and Peer Knowledge</p> <ul style="list-style-type: none"> ▫ record select and share personal knowledge of a topic to focus inquiry or research <p>General Outcome 5: Celebrate and Build Community (if working in groups)</p> <p>5.2 Encourage, Support and Work with Others</p> <p>5.2.1 Cooperate with Others</p> <ul style="list-style-type: none"> ▫ appreciate that everyone in a group has to work together to achieve cooperative and collaborative group tasks and act accordingly <p>5.2.2 Work in Groups</p> <ul style="list-style-type: none"> ▫ take roles and share responsibilities as a group member
		<p>Overall Skills: Scientific Inquiry</p> <p>7d Construct meaning in different contexts by connecting new experiences and information to prior experiences and knowledge</p>

Involving Parents (page 16)		
<ul style="list-style-type: none"> ▫ Students share “Tips for Healthy Eating Success” with family 		K.5.4.C.1b Identify the function of a variety of food groups for growth and development

Section 3: Making Nutrition Plans



Section Goals

After completing activities in this section it is expected that students will be able to:





- demonstrate the ability to use Canada's Food Guide to analyze their 3-day food record
- identify what food group needs to be improved based on their 3-day food record
- identify personal barriers to healthy eating
- demonstrate the ability to develop appropriate nutrition goals based on assessment of personal food intake
- implement personal nutrition goals

Curriculum Integration:




The following chart provides an overview of the Manitoba curriculum outcomes that are supported by the instructional activities in Section 3 of the "Food... for the Record" program.

Activity Focus	Curriculum Area	Outcomes
Teaching Ideas Activity 1 (page 20)		
<ul style="list-style-type: none"> ▫ Analyze individual 3-day food records 		K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorize personal knowledge of a topic to determine information needs <p>3.3 Organize Record and Assess</p> <p>3.3.1 Organize Information</p> <ul style="list-style-type: none"> ▫ organize information and ideas in logical sequences using a variety of strategies <p>3.3.3 Evaluate Information</p> <ul style="list-style-type: none"> ▫ examine collected information to identify categories or aspects of a topic that need more information



Teaching Ideas Activity 2 (page 20)

<ul style="list-style-type: none"> ▫ Recognize factors that influence food choices 		<p>S.4.4.A.3 Demonstrate interpersonal skills for getting along with others in class activities S.5.4.A.3b Use problem solving strategies to reduce barriers to healthy eating and improve food choices, if appropriate</p>
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences 1.1 Discover and Explore 1.1.1 Express Ideas <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions 1.1.2 Consider Others Ideas <ul style="list-style-type: none"> ▫ explore connections between a variety of insights, ideas, and responses 1.2 Clarify and Extend 1.2.1 Develop Understanding <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts 1.2.2 Explain Opinions <ul style="list-style-type: none"> ▫ express new concepts and understanding in own words and explain their importance General Outcome 3: Manage ideas and information 3.2 Select and Process 3.2.1 Identify Personal and Peer Knowledge <ul style="list-style-type: none"> ▫ record select and share personal knowledge of a topic to focus inquiry or research General Outcome 4: Enhance the clarity and artistry of communication 4.1 Generate and Focus 4.1.1 Generate Ideas <ul style="list-style-type: none"> ▫ focus a topic for oral, written, or visual texts using a variety of strategies 4.4 Present and Share 4.4.1 Share Ideas and Information <ul style="list-style-type: none"> ▫ prepare and share information on a topic using print and non-print aids to engage and inform a familiar audience 4.4.2 Effective Oral Communication <ul style="list-style-type: none"> ▫ describe and explain information and ideas to a particular audience; select, use, and monitor appropriate volume, intonation and non-verbal cues 4.4.3 Attentive Listening and Viewing <ul style="list-style-type: none"> ▫ demonstrate appropriate audience behaviors General Outcome 5: Celebrate and Build Community (if working in groups) 5.2 Encourage, Support and Work with Others 5.2.1 Cooperate with Others <ul style="list-style-type: none"> ▫ appreciate that everyone in a group has to work together to achieve cooperative and collaborative group tasks and act accordingly 5.2.2 Work in Groups <ul style="list-style-type: none"> ▫ take roles and share responsibilities as a group member </p>
		<p>Skills for Communication 4-S-403 Present information and ideas orally, visually, concretely, or electronically</p>
		<p>Overall Skills: Scientific Inquiry 3d. Brainstorm possible solutions to a practical problem and identify and justify what solution to implement</p>

Teaching Ideas Activities 3 & 4 (page 21)

<ul style="list-style-type: none"> ▫ Examine goal setting ▫ Study eating habits and write personal goals 		<p>K.4.4.A.2a Identify a goal-setting process for establishing personal goals</p> <p>K.4.4.A.2b Describe the factors that affect personal motivation and achievement goals</p> <p>K.4.4.A.3 Identify the steps of the decision-making/problem solving process with an emphasis on the final steps</p> <p>S.4.4.A.1 Set goals to enhance Physical Education/Health Education and physical well being</p> <p>K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health</p> <p>S.5.4.A.3b Use problem solving strategies to reduce barriers to healthy eating and improve food choices, if appropriate</p>
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.1 Discover and Explore</p> <p>1.1.1 Express Ideas</p> <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions <p>1.1.2 Consider Others Ideas</p> <ul style="list-style-type: none"> ▫ explore connections between a variety of insights, ideas, and responses <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.2 Select and Process</p> <p>3.2.1 Identify Personal and Peer Knowledge</p> <ul style="list-style-type: none"> ▫ record, select, and share personal knowledge of a topic to focus inquiry or research <p>3.3 Organize Record and Assess</p> <p>3.3.4 Develop New Understanding</p> <ul style="list-style-type: none"> ▫ use gathered information and questions to review and add to knowledge; consider new questions regarding the inquiry or research process and content <p>General Outcome 4: Enhance the clarity and artistry of communication</p> <p>4.1 Generate and Focus</p> <p>4.1.1 Generate Ideas</p> <ul style="list-style-type: none"> ▫ focus a topic for oral, written, or visual texts using a variety of strategies <p>4.4 Present and Share</p> <p>4.4.1 Share Ideas and Information</p> <ul style="list-style-type: none"> ▫ prepare and share information on a topic using print and non-print aids to engage and inform a familiar audience <p>4.4.2 Effective Oral Communication</p> <ul style="list-style-type: none"> ▫ describe and explain information and ideas to a particular audience; select, use, and monitor appropriate volume, intonation and non-verbal cues
		<p>Overall Skills: Scientific Inquiry</p> <p>7d Construct meaning in different contexts by connecting new experiences and information to prior experiences and knowledge</p>

Teaching Ideas Activity 5 (page 22)

<ul style="list-style-type: none"> ▫ Set nutrition goals and keep a 3-day food record ▫ Assess to determine if goals were achieved 		<p>K.4.4.A.3 Identify the steps of the decision-making/problem solving process with an emphasis on the final steps</p> <p>S.4.4.A.1 Set goals to enhance health and physical well being</p> <p>K.5.4.C.1a Demonstrate an understanding of food groups, serving sizes, and serving numbers that support good health</p> <p>K.5.4.A.3a Assess personal food intake for a period of 1-3 days and identify factors that may influence food choices</p> <p>S.5.4.A.3b Use problem solving strategies to reduce barriers to healthy eating and improve food choices, if appropriate</p>
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> <p>1.2 Clarify and Extend</p> <p>1.2.1 Develop Understanding</p> <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> <p>2.1 Use Strategies and Cues</p> <p>2.1.1 Prior Knowledge</p> <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> <p>3.1 Plan and Focus</p> <p>3.1.1 Use Personal Knowledge</p> <ul style="list-style-type: none"> ▫ categorize personal knowledge of a topic to determine information needs <p>General Outcome 3: Manage ideas and information</p> <p>3.2 Select and Process</p> <p>3.2.1 Identify Personal and Peer Knowledge</p> <ul style="list-style-type: none"> ▫ record, select, and share personal knowledge of a topic to focus inquiry or research <p>3.3 Organize Record and Assess</p> <p>3.3.4 Develop New Understanding</p> <ul style="list-style-type: none"> ▫ use gathered information and questions to review and add to knowledge; consider new questions regarding the inquiry or research process and content

Section: 4 The Food... for the Record Conquest



Section Goals

After completing the activities in this section it is expected that students will be able to:

- reflect on which elements contributed to their success in achieving their goals
- reflect on what they learned about healthy eating
- work with each other to summarize the benefits of healthy eating
- work cooperatively to present their findings to classmates, schoolmates, school staff, the public and/or family members, using a variety of communication tools

Curriculum Integration

The following chart provides an overview of the Manitoba curriculum outcomes that are supported by the instructional activities in Section 4 of the “Food... for the Record” program.

Activity Focus	Curriculum Area	Outcomes
Teaching Ideas Activity 1 & 2 (page 24 & 25)		
<ul style="list-style-type: none"> ▫ Reflect on ways to achieve nutrition goals ▫ Summarize benefits of healthy eating 		K.4.4.A.2a Identify a goal-setting process for establishing personal goals K.4.4.A.2b Describe the factors that affect personal motivation and achievement goals S.4.4.A.1 Set goals to enhance health and physical well being S.4.4.A.3 Demonstrate interpersonal skills for getting along with others in class activities S.5.4.A.3b Use problem solving strategies to reduce barriers to healthy eating and improve food choices, if appropriate
		<p>General Outcome 1: Explore thoughts, ideas, feelings, and experiences</p> 1.1 Discover and Explore 1.1.1 Express Ideas <ul style="list-style-type: none"> ▫ describe and reflect upon personal observations and experiences to make predictions and reach tentative conclusions 1.1.2 Consider Others Ideas <ul style="list-style-type: none"> ▫ explore connections between a variety of insights, ideas, and responses 1.2 Clarify and Extend 1.2.1 Develop Understanding <ul style="list-style-type: none"> ▫ connect new information and experiences with prior knowledge to construct meaning in different contexts 1.2.2 Explain Opinions <ul style="list-style-type: none"> ▫ express new concepts and understanding in own words and explain their importance 1.2.3 Combine Ideas <ul style="list-style-type: none"> ▫ experiment with arranging ideas and information in a variety of ways to clarify understanding 1.2.4 Extend Understanding <ul style="list-style-type: none"> ▫ reflect on ideas and experiences and ask questions to clarify and extend understanding <p>General Outcome 2: Comprehend and respond personally and critically to literary and media texts</p> 2.1 Use Strategies and Cues 2.1.1 Prior Knowledge <ul style="list-style-type: none"> ▫ make and record connections between personal experiences, prior knowledge, and a variety of texts <p>General Outcome 3: Manage ideas and information</p> 3.1 Plan and Focus 3.1.1 Use Personal Knowledge <ul style="list-style-type: none"> ▫ categorize personal knowledge of a topic to determine information needs 3.2 Select and Process 3.2.1 Identify Personal and Peer Knowledge <ul style="list-style-type: none"> ▫ record, select, and share personal knowledge of a topic to focus inquiry or research

		<p>General Outcome 4: Enhance the clarity and artistry of communication</p> <p>4.1 Generate and Focus</p> <p>4.1.1 Generate Ideas</p> <ul style="list-style-type: none"> ▫ focus a topic for oral, written, or visual texts using a variety of strategies <p>4.4 Present and Share</p> <p>4.4.1 Share Ideas and Information</p> <ul style="list-style-type: none"> ▫ prepare and share information on a topic using print and non-print aids to engage and inform a familiar audience <p>4.4.2 Effective Oral Communication</p> <ul style="list-style-type: none"> ▫ describe and explain information and ideas to a particular audience; select, use, and monitor appropriate volume, intonation and non-verbal cues <p>4.4.3 Attentive Listening and Viewing</p> <ul style="list-style-type: none"> ▫ demonstrate appropriate audience behaviors <p>General Outcome 5: Celebrate and Build Community (if working in groups)</p> <p>5.2 Encourage, Support and Work with Others</p> <p>5.2.1 Cooperate with Others</p> <ul style="list-style-type: none"> ▫ appreciate that everyone in a group has to work together to achieve cooperative and collaborative group tasks and act accordingly <p>5.2.2 Work in Groups</p> <ul style="list-style-type: none"> ▫ take roles and share responsibilities as a group member
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